

CEREAL PRAWNS 麦片虾

Cooking Instructions

Cooking Ingredients:

Prawns 350g

or (approx. 12 pcs)

Deshelled Prawns 300g

(approx. 15 pcs)

Love, Afare 1 box

Cereal Prawns Premix (contains 2 packets)

Margarine 60g

Curry Leaves 20 pcs

Chilli Padi 2 stalks (sliced)

Egg Yolk (beaten) 1

Corn Flour Enough to lightly

coat prawns

Cooking Oil 800ml



Tips:

Love, Afare Cereal Prawns Premix can be cooked with other seafood such as fish, squid and tofu.

Instructions:

- 1. Devein prawns by cutting a slit on its back to remove the dark dorsal vein. Trim off sharp edges of the head. Wash. Pat dry with kitchen towel.
- 2. Coat the prawns evenly with corn flour.
- 3. Heat up cooking oil in a pan over high heat. Deep fry the prawns for about 30 seconds.
- 4. Add curry leaves to the oil and scoop up all contents immediately. Set aside. Drain away the oil.
- Heat margarine in pan over low heat. Add chilli padi, beaten egg yolk and briskly stir with margarine in constant circular direction until the egg yolk appears sandy.
- 6. Add the cooked prawns and curry leaves, then add Cereal Prawns Premix (2 packets) and stir fry till crispy.
- 7. Dish onto plate and it is ready to serve.